

2023 Summer Intensive Schedule Week 1 **June 19- June 23** (Grey -PP 4-7 Levels/Blue- PP 1-3 Levels)

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Meghan M.	10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Meghan M.	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Abigail	11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Abigail	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Improvisation Techniques Crystal
1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abi
2:00-3:30 Modern Jessica	2:00-3:30 Ballet Celia	2:00-3:30 Modern Jessica	2:00-3:30 Ballet Celia	2:00-3:30 Musical Theater Jazz Jessica
3:30-4:30 Choreography Composition Jessica	3:30-4:30 Pointe Variations Celia	3:30-4:30 Choreography Composition Jessica	3:30-4:30 Pointe Variations Celia	3:30-4:30 Modern Fusion Abi
Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.	10:00-11:30 Ballet Abi
11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pre-Pointe/Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pre-Pointe/Pointe Meghan H.	11:30-12:30 Ballet Variations Abi
12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Meghan H.	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Meghan H.	12:30-1:30 Choreography Composition Jessica
1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abi
2:00-3:30 Ballet Meghan H.	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Meghan H.	2:00-3:30 Modern Crystal	2:00-3:30 Modern Fusion Abi
3:30-4:30 Ballet Variations Meghan H.	3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Meghan H.	3:30-4:30 Choreography Crystal	3:30-4:30 Musical Theater Jazz Jessica

2023 Summer Intensive Schedule Week 2 **June 26-30** (Grey -PP 4-7 Levels/Blue- PP 1-3 Levels)

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Meghan M.	10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Meghan M.	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Abigail	11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Abigail	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:00 Lunch All Staff
1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:00-3:00 Performance Rehearsal All Staff
2:00-3:30 Modern Jessica	2:00-3:30 Ballet Celia	2:00-3:30 Modern Jessica	2:00-3:30 Ballet Celia	3:00-3:30 Hair and Make-up All Staff
3:30-4:30 Choreography Composition Jessica	3:30-4:30 Pointe Variations Celia	3:30-4:30 Choreography Composition Jessica	3:30-4:30 Pointe Variations Celia	3:30-4:30 Showcase All Staff
Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.	10:00-11:30 Ballet Abi
11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pre-Pointe/Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pre-Pointe/Pointe Meghan H.	11:30-12:30 Ballet Variations Abi
12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Meghan H.	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Meghan H.	12:30-1:00 Lunch All Staff
1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Meghan H.	1:30-2:00 Lunch/Lecture Crystal	1:00-3:00 Performance Rehearsal All Staff
2:00-3:30 Ballet Meghan H.	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Meghan H.	2:00-3:30 Modern Crystal	3:00-3:30 Hair and Make-up All Staff
3:30-4:30 Ballet Variations Meghan H.	3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Meghan H.	3:30-4:30 Choreography Crystal	3:30-4:30 Showcase All Staff