

2023 Summer Intensive Schedule Week 1 **June 19- June 23** (Grey -PP 4-7 Levels/Blue- PP 1-3 Levels)

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Improvisation Techniques Crystal
1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Jessica
2:00-3:30 Modern Crystal	2:00-3:30 Ballet Celia	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Celia	2:00-3:30 Musical Theater Jazz Jessica
3:30-4:30 Choreography Crystal	3:30-4:30 Pointe Variations Celia	3:30-4:30 Choreography Crystal	3:30-4:30 Pointe Variations Celia	3:30-4:30 Modern Fusion Abi
Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Improvisation Techniques Crystal
1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Jessica
2:00-3:30 Modern Crystal	2:00-3:30 Ballet Lauren	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Lauren	2:00-3:30 Musical Theater Jazz Jessica
3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Lauren	3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Lauren	3:30-4:30 Modern Fusion Abi

2023 Summer Intensive Schedule Week 2 **June 26-30** (Grey -PP 4-7 Levels/Blue- PP 1-3 Levels)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Lauren	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Lauren	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:00 Lunch All Staff
1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:00-3:00 Performance Rehearsal All Staff
2:00-3:30 Modern Crystal	2:00-3:30 Ballet Celia	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Celia	3:00-3:30 Hair and Make-up All Staff
3:30-4:30 Choreography Crystal	3:30-4:30 Pointe Variations Celia	3:30-4:30 Choreography Crystal	3:30-4:30 Pointe Variations Celia	3:30-4:30 Showcase All Staff
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.	10:00-11:30 Jazz Technique Jessica	10:00-11:30 Ballet Meghan H.
11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.	11:30-12:30 Choreography Composition Jessica	11:30-12:30 Pointe Meghan H.
12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:30 Progressing Ballet Technique Jessica	12:30-1:30 Yoga for Dancers Abigail	12:30-1:00 Lunch All Staff
1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:30-2:00 Lunch/Lecture Crystal	1:30-2:00 Lunch/Lecture Abigail	1:00-3:00 Performance Rehearsal All Staff
2:00-3:30 Modern Crystal	2:00-3:30 Ballet Lauren	2:00-3:30 Modern Crystal	2:00-3:30 Ballet Lauren	3:00-3:30 Hair and Make-up All Staff
3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Lauren	3:30-4:30 Choreography Crystal	3:30-4:30 Ballet Variations Lauren	3:30-4:30 Showcase All Staff